

Primerjava rezultatov ankete o počutju in navadah ob nočnem delu DARS / Policija

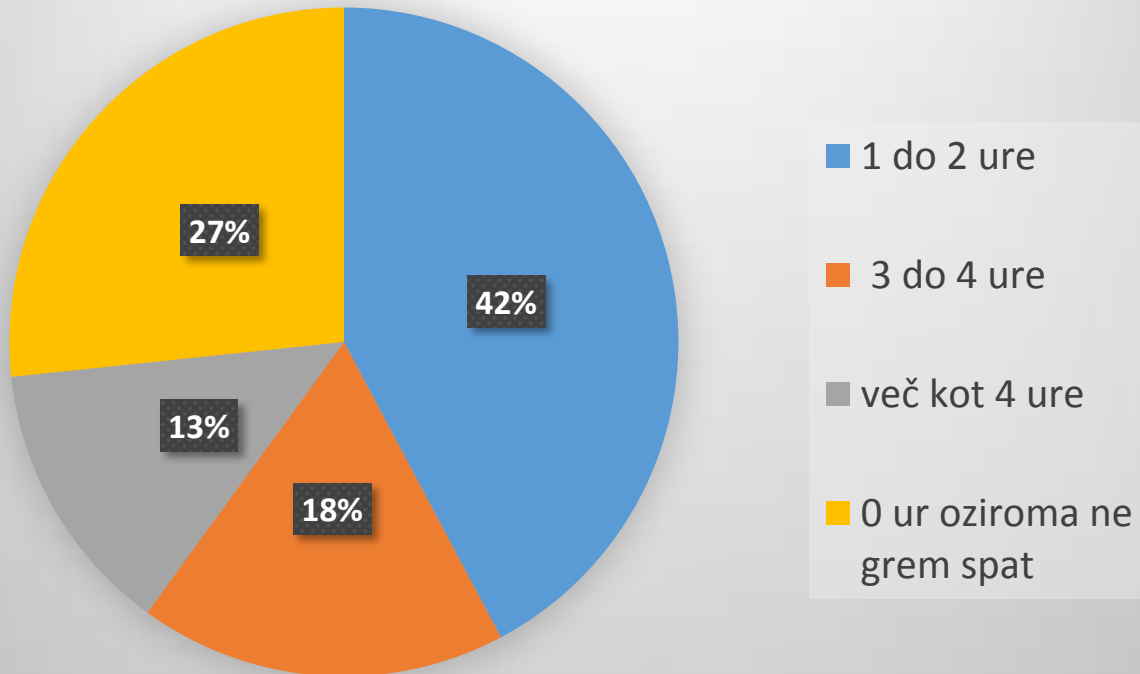


Podatki o udeležencih v anketi:

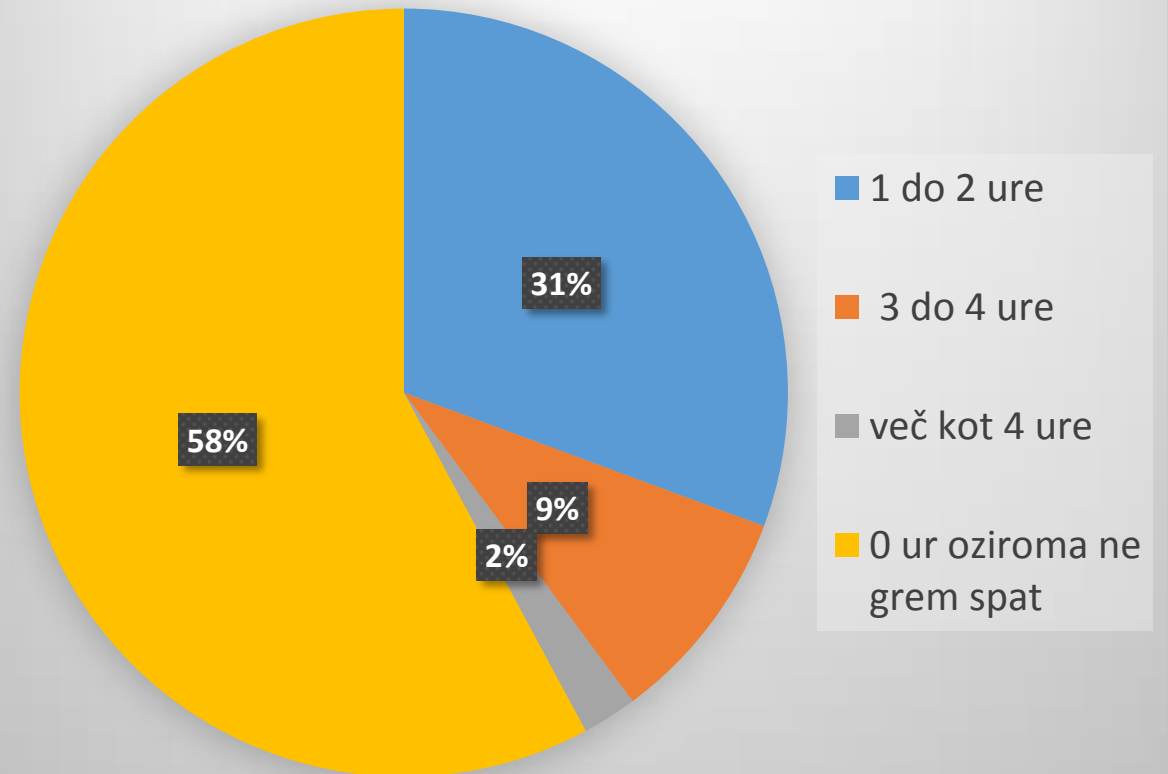
	do 30 let	med 30 in 45 let	med 45 in 55 let	nad 55 let	SKUPAJ
DARS	5	82	56	10	153
Policija	28	184	47	1	260
SKUPAJ	33	266	103	11	413
Odstotek	8%	64%	25%	3%	100%

1. Pred nočno izmeno grem spat v trajanju:

DARS

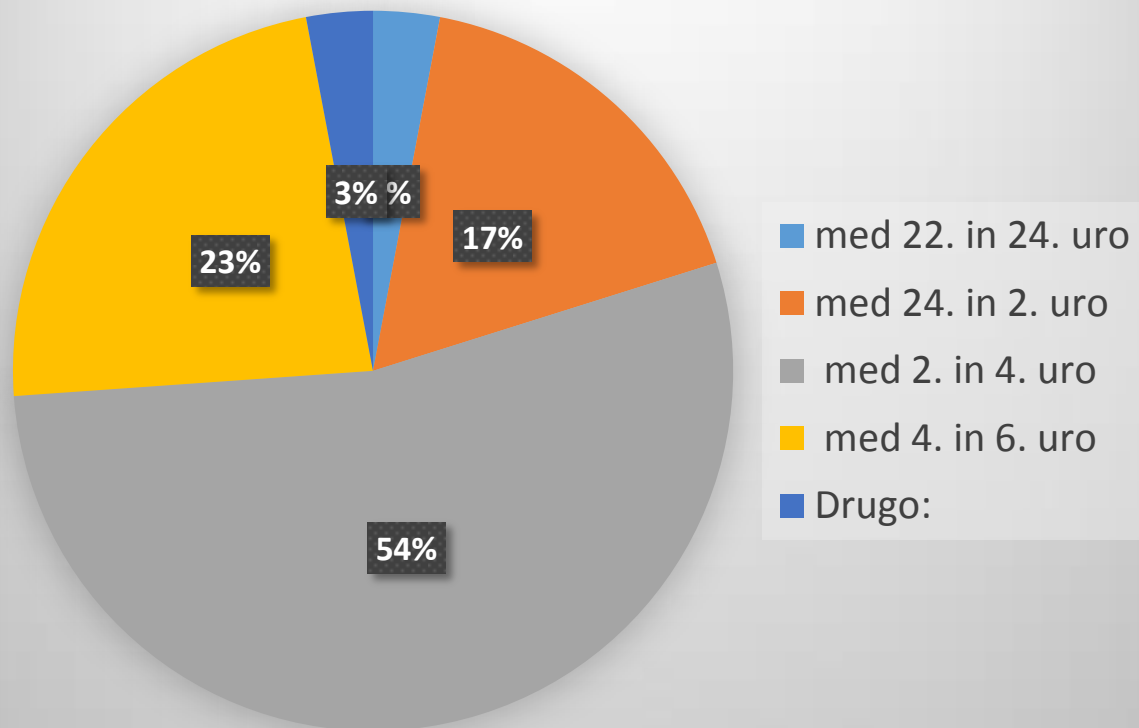


POLICIJA

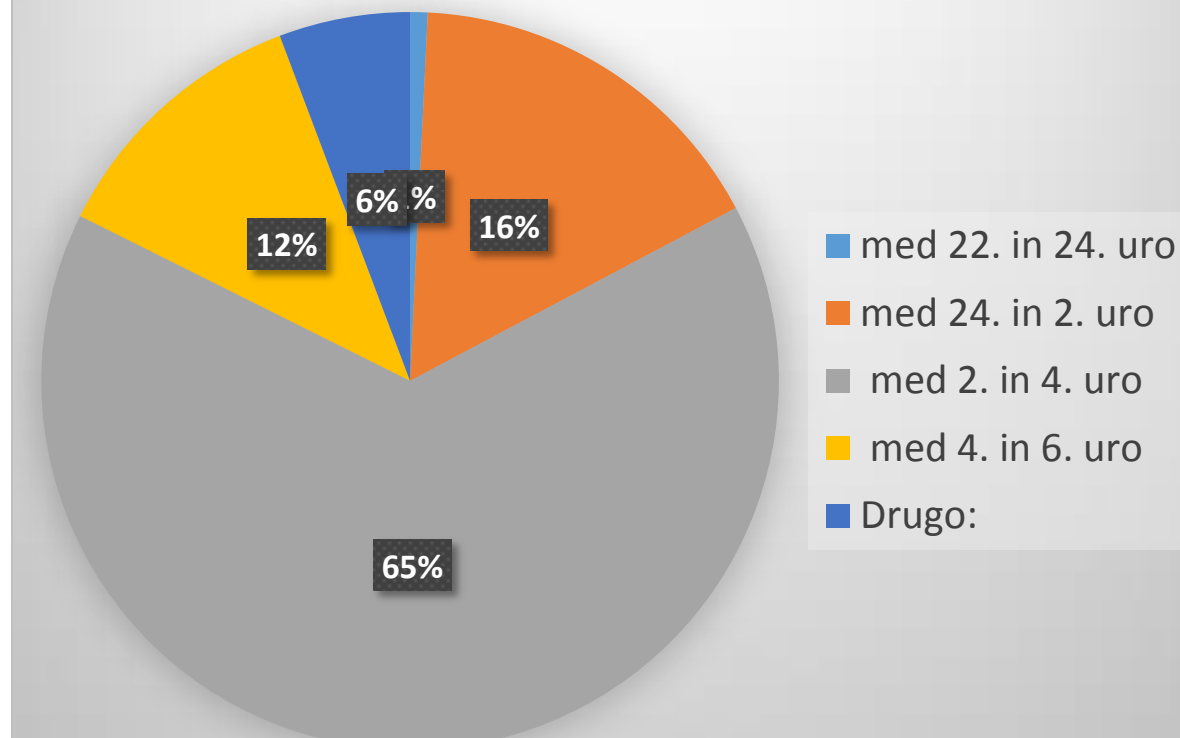


2. Obdobje nastopa občutka zaspanosti:

DARS

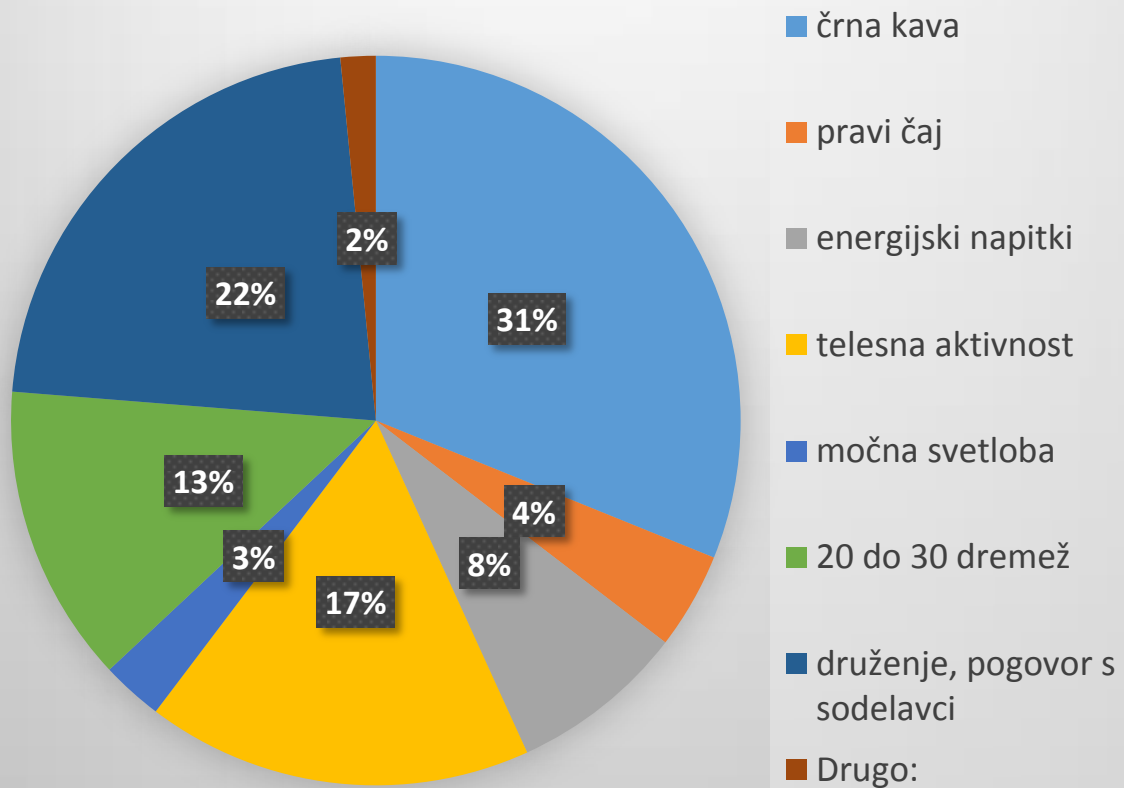


POLICIJA

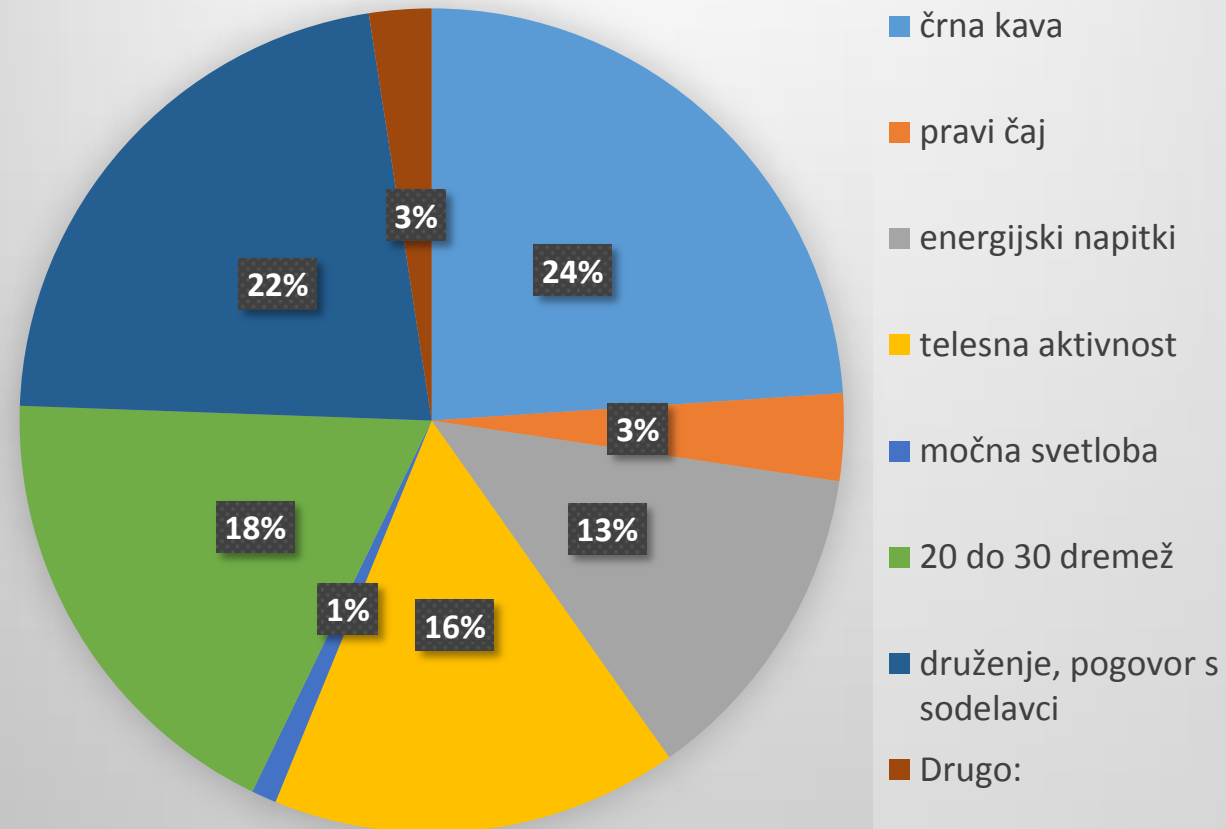


3. Za ohranjanje budnosti uporabljam:

DARS

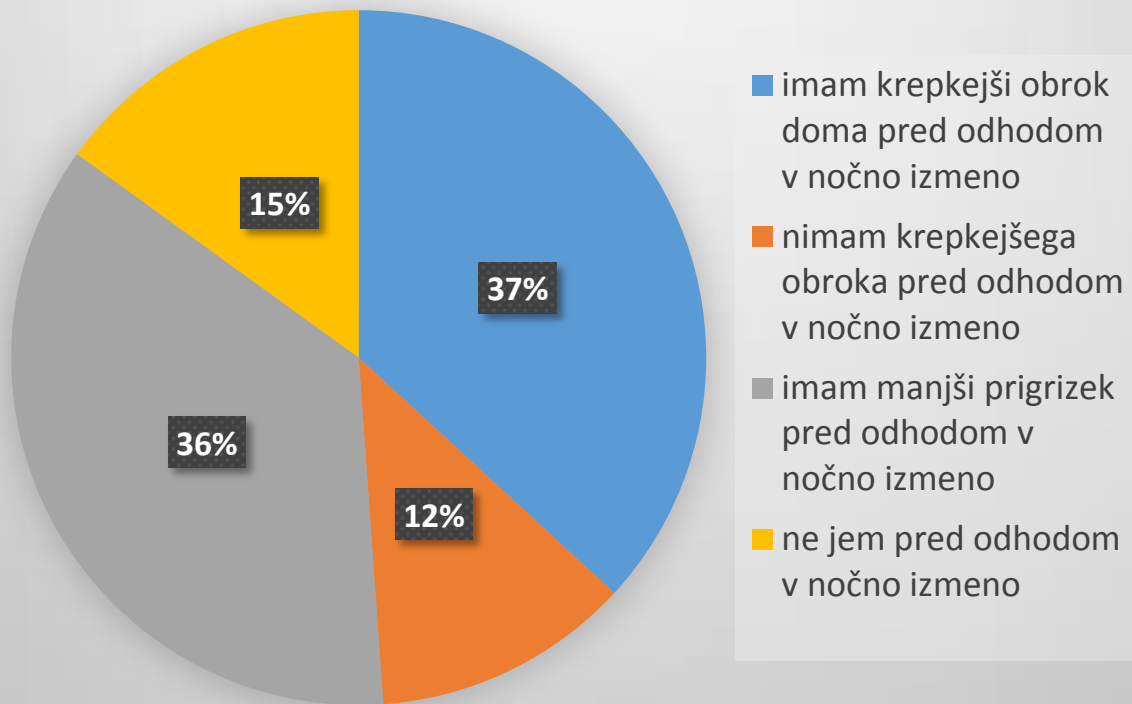


POLICIJA

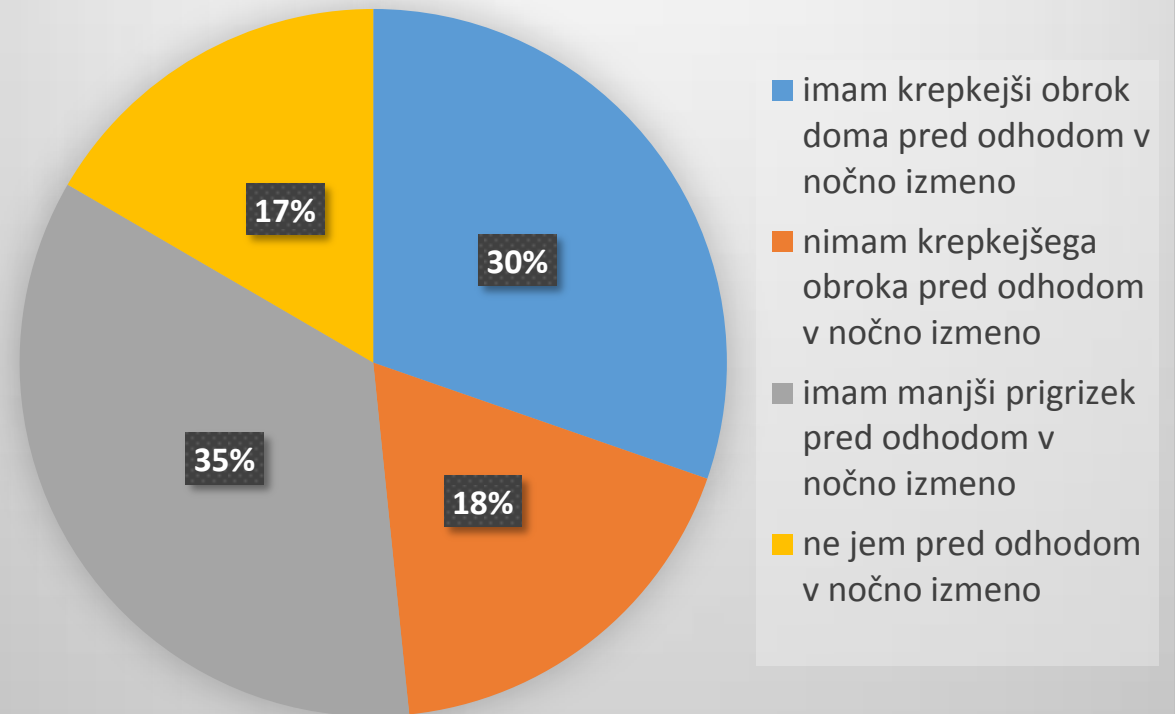


4. Prehranjevalne navade pred nočno izmeno:

DARS

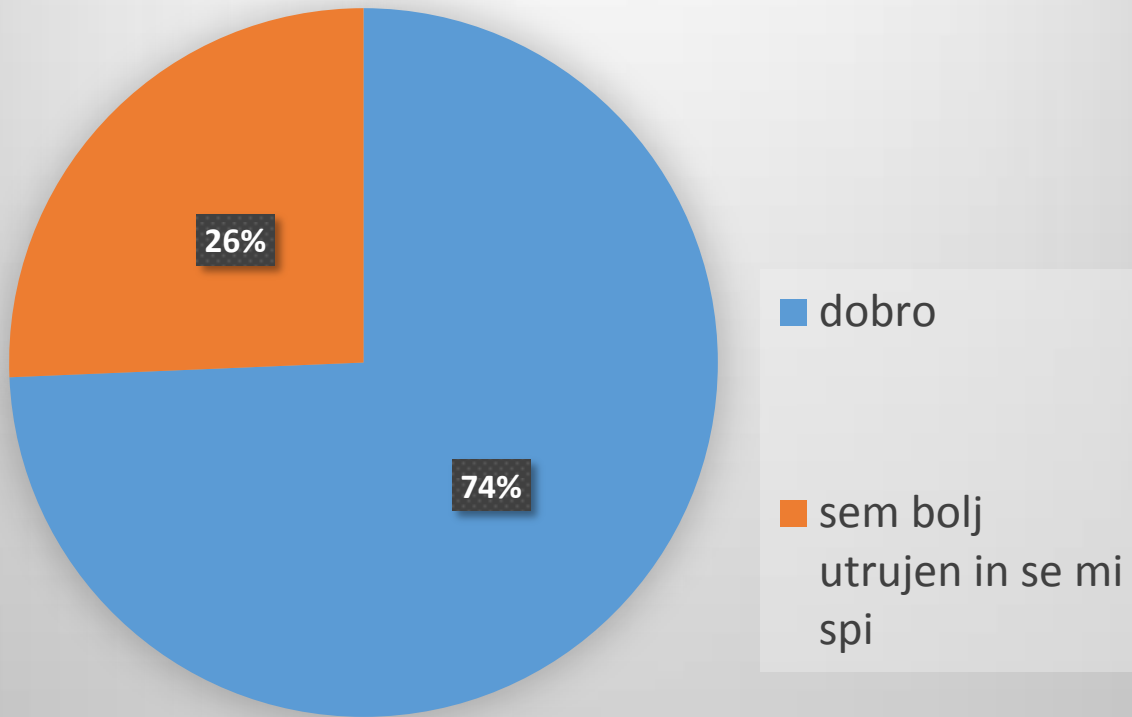


POLICIJA

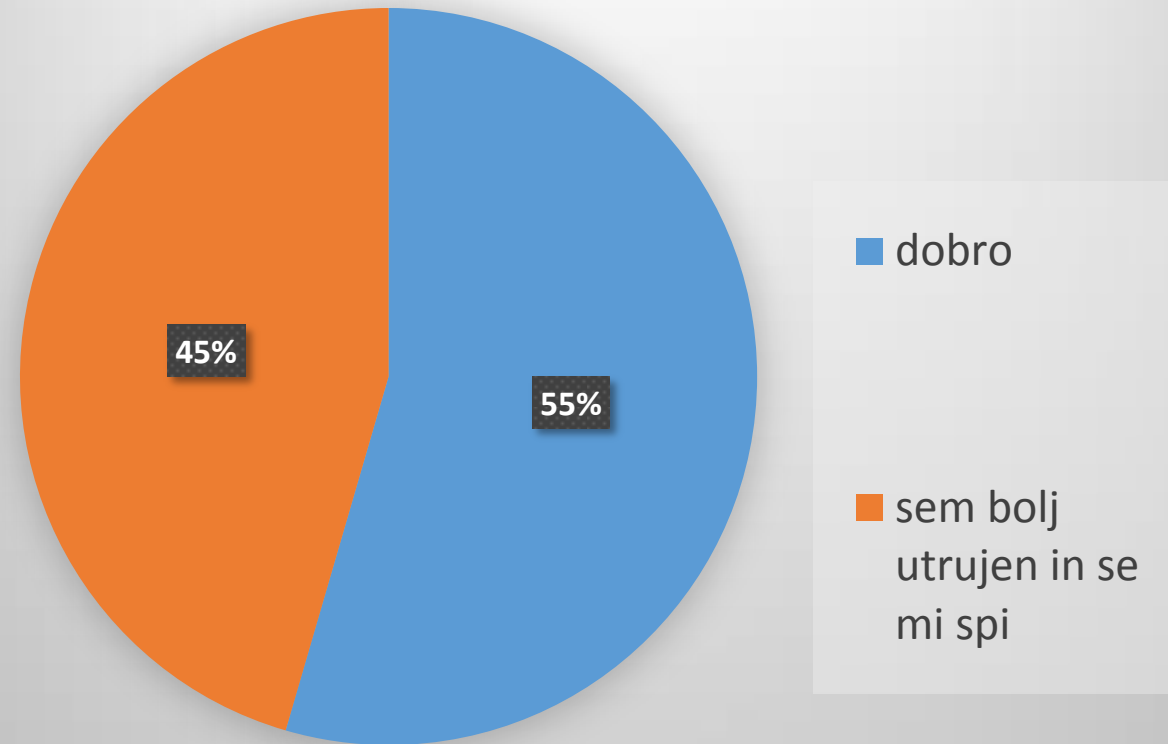


5. Počutje po malici v nočni izmeni:

DARS

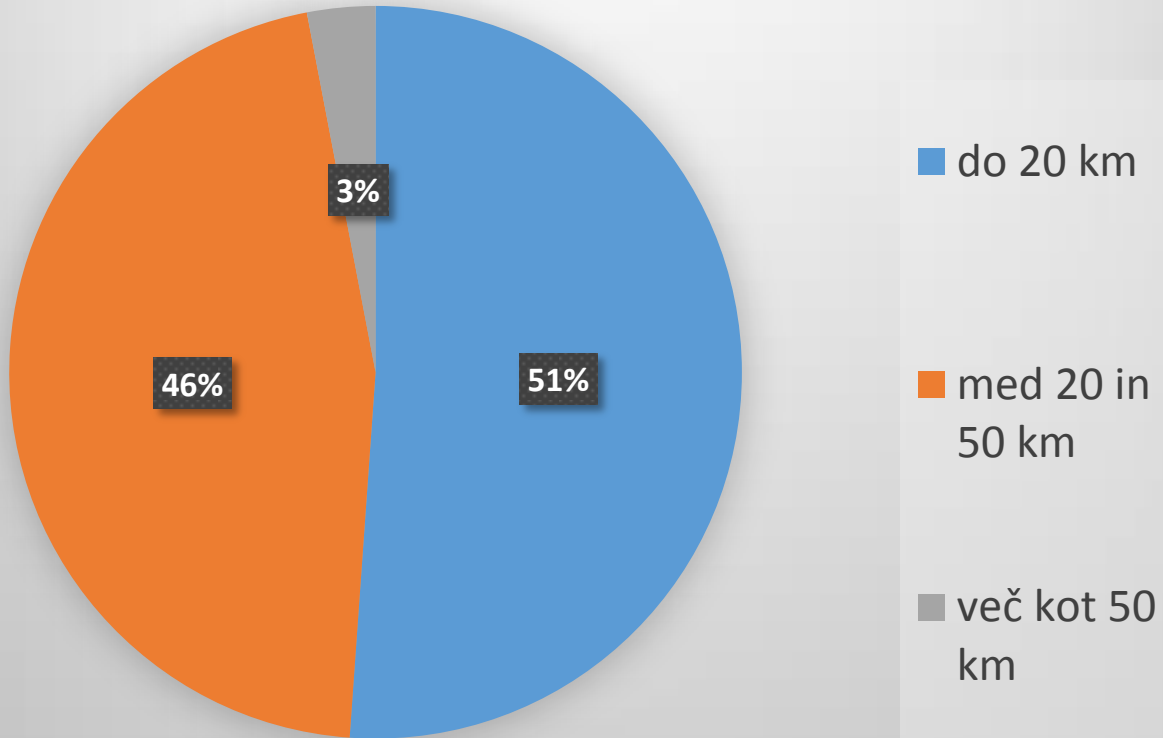


Policija

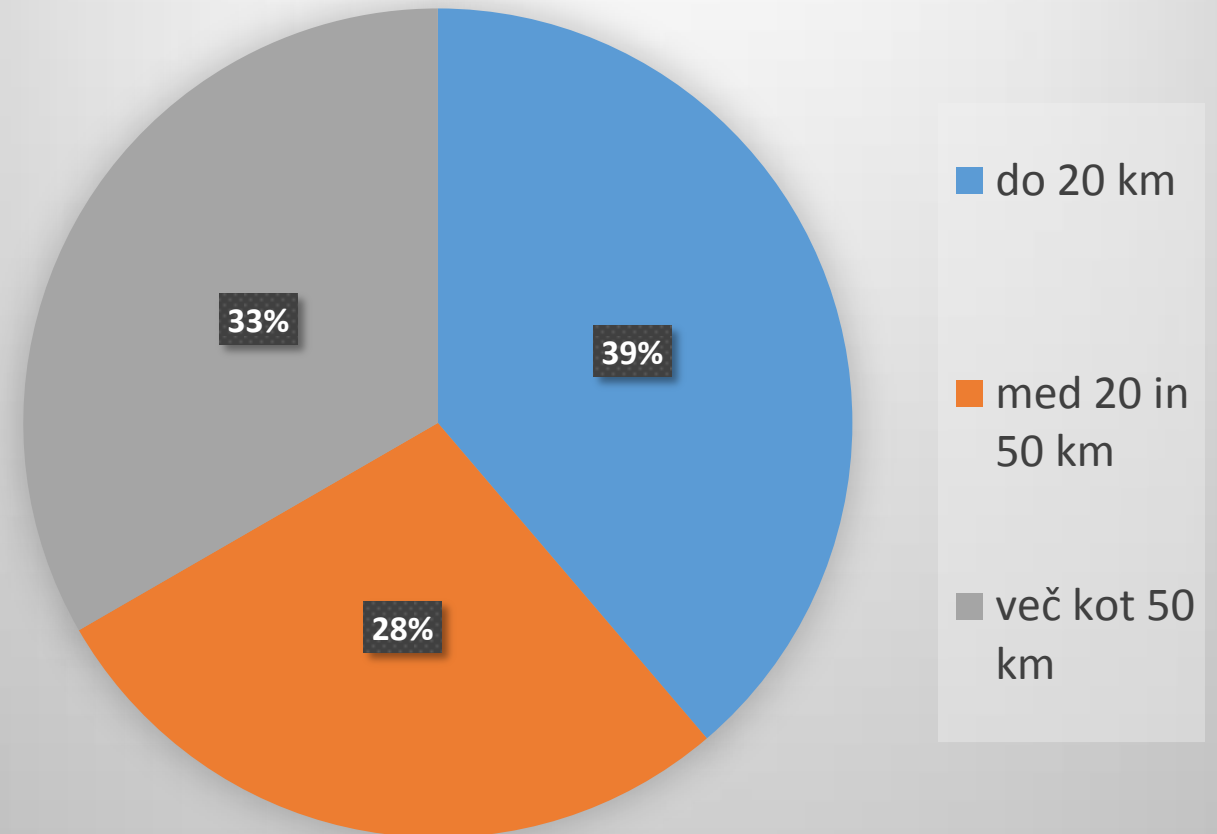


6. Dolžina vožnje domov po nočni izmeni:

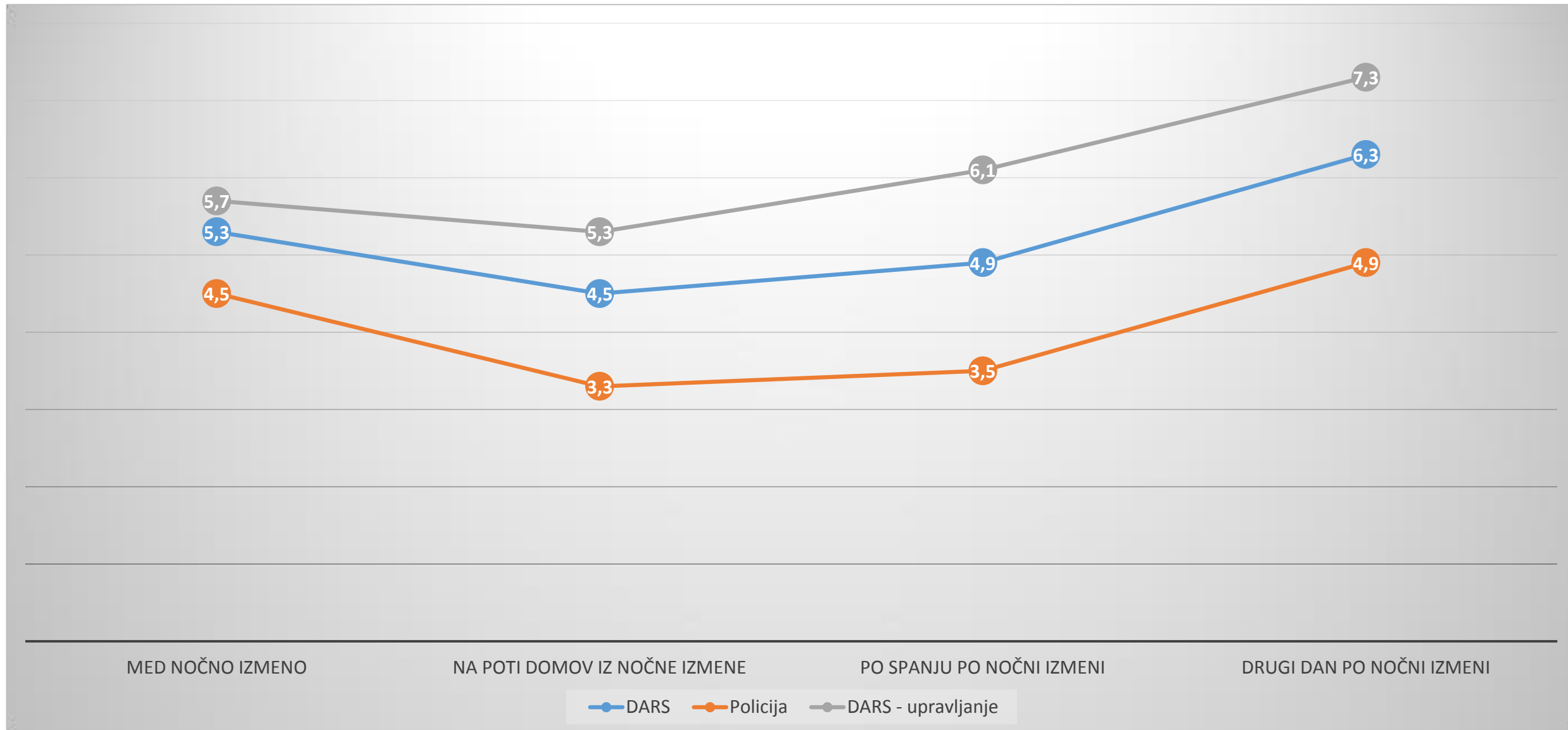
DARS



Policija



7. Ocena počutja (od 1 do 10):



8. Najpogostejše zdravstvene težave:

